



# *Provincial Job Description*

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***TITLE:***  
**(451) Youth Care Worker**

***PAY BAND:***  
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***FOR FACILITY USE:***

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## ***SUMMARY OF DUTIES:***

Provides therapeutic care, stabilization and milieu management, and participates in the mental health and addictions assessment of adolescent clients/patients/residents.

## ***QUALIFICATIONS:***

- ♦ Youth Care Worker diploma

## ***KNOWLEDGE, SKILLS & ABILITIES:***

- ♦ Basic computer skills
- ♦ Communication skills
- ♦ Interpersonal skills
- ♦ Organizational skills
- ♦ Ability to work independently
- ♦ Ability to work within a multidisciplinary team
- ♦ Valid driver's license, where required by the job
- ♦ Knowledge of trauma informed practice

## ***EXPERIENCE:***

- ♦ Previous: No previous experience

## ***KEY ACTIVITIES:***

### **A. Patient Monitoring**

- ◆ Observes adolescent clients/patients/residents behavior, emotional/mental health status and documents responses to activities and events.
- ◆ Monitors and assesses adolescent clients/patients/residents ability to perform Activities of Daily Living to ensure needs are consistently met.
- ◆ Maintains appropriate records (e.g., clients/patients/residents chart).
- ◆ Completes suicide risk assessments.
- ◆ Supports families and patients with complex mental health needs.

### **B. Activities / Events**

- ◆ Implements and evaluates treatment plans, as determined by the interdisciplinary team.
- ◆ Develops and implements teaching interventions, where necessary.
- ◆ Participates in the development of the adolescent clients/patients/residents care plan.
- ◆ Participates in multi-disciplinary meetings.
- ◆ Develops and implements social/recreational groups for adolescent clients/patients/residents.
- ◆ Develops and implements various relaxation and coping programs.
- ◆ Provides one-on-one coaching to patients (e.g., Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, motivational interviewing, collaborative problem solving, de-escalation techniques, and activity-focused interventions).
- ◆ Works with family/significant others by encouraging their participation in the treatment process.
- ◆ Provides unit orientation by methods such as reviewing procedures and behavioral expectations to adolescent clients/patients/residents upon admission to the unit.
- ◆ Assists classroom teacher with adolescent clients/patients/residents requiring additional classroom support in accordance with established guidelines.

### **C. Related Key Work Activities**

- ◆ Attends training sessions, as required by the job.
- ◆ Purchases, utilizes and maintains equipment and supplies.
- ◆ May show others how to perform tasks or duties by familiarizing new employees with the work area and processes.
- ◆ Coordinates set up and take down of activities.
- ◆ Maintains activity and storage areas.
- ◆ Maintains communications of clients. (e.g., White Board/Calendars).

*The above statements reflect the general details considered necessary to describe the principal functions of the job and shall not be construed as a detailed description of all related work assignments that may be inherent to the job.*

***Validating Signatures:***

***CUPE:***

***SEIU:***

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***SGEU:***

***SAHO:***

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***Date: September 14, 2022***